



© Max Arena

TEAM CHALLENGE FULL OF ACTION AND FUN

Seasonal Opening

All year around

Capacity / number of guests

Minimum 10, Maximum 100

Duration

2 - 3 hours

Level

Grade 1

Age limit

13

Included

- Climbing harnesses and shoes.

Distance from town

3,8 km (Mo i Rana)

ABOUT

Max Arena offers a dynamic and structured team building experience designed to strengthen collaboration, communication, and team spirit.

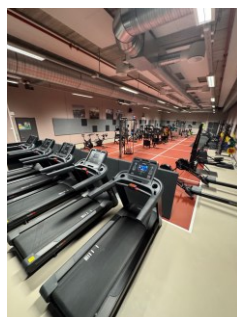
Participants compete in a series of activities, including:

- Interactive squash (best of three rounds in a “Connect Four” format)
- Bubble football (best of three matches)
- Climbing challenges combined with knowledge-based tasks

The programme integrates physical activity with problem-solving elements, where teams must retrieve and answer questions during the climbing activity. Final results are based on both accuracy and completion time, encouraging teamwork and strategic thinking.

The experience includes access to a club room for breaks and social interaction, creating a balanced programme of activity and networking.

Catering can be arranged on request, or guests may bring their own food and beverages. Additional options such as prizes and a dedicated activity host can be added for a fully facilitated experience.



© Max Arena



CONTACT

+47 905 02 429

post@maxarena.no

www.maxarena.no