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WILDERNESS ADVENTURE

Seasonal Opening

November – May

Capacity / number of guests

Minimum 6 guests

Duration

3 hours

Level

Grade 1

Age limit

The recommended minimum age for children is 14 years

Included

- Transport
- Traditional meal
- Showshoes
- Poles and headlamps

Other requirements / restrictions

- Warm winter clothes and shoes

Distance from town

12 km (Mosjøen)

Environmental certifications

ECO-lighthouse Certified



ABOUT

Experience a wilderness evening in Helgeland. Guided by Hi North, participants walk through the quiet landscape around Sjømoen, a recreation area located just outside Mosjøen. This area has long been used by Sámi reindeer herders as a gathering point for their animals and is known for its tranquillity, far from city noise and light pollution.

Guests are equipped with snowshoes and taken on a short, easy trek to a traditional Sámi lavvo. This tipi-shaped tent has been used for generations by nomadic reindeer herders. In the darkness of the surrounding wilderness, the night sky becomes especially clear, and the Northern Lights may appear if conditions are right.

Inside the lavvo, a warm fire and a traditional meal based on local ingredients are served.

Throughout the visit, guests are welcome to ask questions. This experience offers a unique opportunity to learn about an Indigenous Arctic culture while surrounded by the calm of the wilderness.