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# NORLANDSBÅT EXPERIENCE – TRADITIONAL SAILING ACTIVITY IN HELGELAND

## Seasonal Opening

June – September

## Capacity / number of guests

Minimum 4, maximum 20

## Duration

Approx. 5 hours, but flexible both ways.

## Level

Grade 1

## Included

- Sailing experience
- Life jackets
- Light lunch served on board
- Additional catering available on request

## Distance from town

234 km (Brønnøysund)

## ABOUT

This activity offers a guided sailing experience in traditional Nordlandsbåt, providing guests with direct insight into coastal heritage and maritime traditions.

Historically, these boats were essential for settlement and livelihood along the Helgeland coast. Today, they provide a unique platform for experiential learning and authentic storytelling.

The programme combines sailing with optional fishing, allowing participants to engage actively with both the vessel and the surrounding marine environment. All participants are involved in the sailing process, creating a shared and interactive experience.

A safety briefing is provided prior to departure, and all boats are equipped with life jackets. Each boat is operated with sufficient crew to ensure safety and quality throughout the experience.

This activity is well suited for groups, cultural travellers, and programmes seeking a combination of heritage, nature, and hands-on participation.



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