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AUTHENTIC COASTAL CUISINE IN THE VEGA ARCHIPELAGO

Seasonal Opening

All year around

Distance from the nearest town

Travel times with Charter RIB from:

- Mo I Rana
- Nesna
- Mosjøen
- Sandnessjøen
- Brønnøysund

Dining options

Restaurant

Total capacity

120

CONFERENCE, MEETINGS & EVENTS

Conference and meeting rooms

4

Total capacity in meeting rooms

70

Capacity in largest meeting room

40

ABOUT

At Skogsholmen Guesthouse Restaurant, you can enjoy dishes inspired by the abundant nature of Helgeland — whether from the sea or the land. Located in a peaceful coastal setting in the Vega Islands, this restaurant celebrates the flavours of the region with fresh, locally sourced ingredients and a thoughtful approach to traditional Norwegian food.

Settle in with a delicious meal after exploring the island's waterways, sandy beaches, and scenic kayaking routes. Whether you choose seafood straight from the fjord, seasonal produce from surrounding farms, or comforting classics with a local twist, every dish reflects the unique character of the Helgeland coast.

With views of the water and a relaxed seaside atmosphere, Skogsholmen is the perfect place to unwind, connect with nature, and enjoy genuine coastal hospitality



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