



RIVERNORTH

Seasonal Opening

May – October

Capacity / number of guests

Up to 32 participants per trip (each raft: 8 guests + 1 guide)

Duration

Half-day rafting: 3-4 hours
Full-day rafting: 6-7 hours

Level

Half-day rafting: 2 / Full-day rafting: 3

Age limit

Half-day rafting: 14 years old
Full-day rafting: 16 years old

Included

All necessary safety equipment and professionals guides

Transport from the base to the starting point and back

Hot lunch as well as coffee/tea (full day)

Opportunity for professional photography with purchase of images afterwards and free camping site by the river

Other requirements / restrictions

Max weight: 120 kg

Bring: wool underwear, thin wool socks, towel, and shoes that can withstand water

Follow the principle of "leave no trace"

Health information regarding heart issues, diabetes, back or shoulder injuries must be reported at booking

Distance from town

42.6 km

ABOUT

RiverNorth offers an exciting rafting experience on the Auster-Vefsna River, featuring narrow gorges and wide rapids. With professional guides, participants paddle for 3.5 hours through a mix of thrilling rapids and scenic nature—including an optional cliff jump. All necessary safety equipment is provided, and the experience includes free accommodation at the river camp. The trip is designed for adults and teenagers (14+) and is ideal for groups looking to mix adrenaline and wilderness.

RiverNorth also runs a full-day rafting expedition on the Auster-Vefsna, featuring dramatic canyons and Class III–IV+ rapids. The day starts with a safety briefing and transport to the starting point near Hattfjelldal, followed by about three hours of rafting through untouched nature and powerful river stretches. A highlight is a surprise hike to a waterfall, along with a riverside lunch break with campfire coffee and a hot meal. The guides are certified, the river runs through a nature reserve, and safety is a top priority. This adventure is suited for adults (16+) in good physical condition, combining adrenaline with natural and cultural experiences—ideal for international tour operators catering to adventure groups.



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