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ENGABREEN - HIKE AND HISTORY

Seasonal Opening

April - September

Capacity / number of guests

Can be adapted to group and needs

Duration

3 – 3,5 hours

Level

Grade 1 and 2

Age limit

Open to all

Included

Guide and historical hike up to the glacier

Other requirements / restrictions

The tour can be customized

Distance from town

147 km

ABOUT

Welcome to the beautiful Engenbreen, one of Norway's few remaining coastal glacier arms. On Hike and History, you will encounter the magnificent fjord landscape of Northern Norway, with towering mountains and blue ice.

Together with our guides, we will give you a direct encounter with a living glacier in the context of local history and culture. Life close to a capricious glacier in motion has not always been easy. We will take you on a journey back in time, from when the glacier felt the salty sea to today's glacier arm high up in the valley.

Along the way, we will observe the brutal power of the glacier and how it has shaped the landscape that is now a lush and verdant valley. You can expect a deep dive into the ecology of the glacier and local history: Why do glaciers move? What are the consequences of climate change on a coastal glacier? What kind of life did the hardy farmers who chose to settle here live?

Join us on a hike to Engen! Hike and History is perfect for those who want activities with a historical perspective and a slightly slower pace.



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