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HERØY KAYAK AND BIKE

Seasonal Opening

May – October

Capacity / number of guests

1-10 Larger groups on request

Duration

3-6 hours

Level

Grade 1 and 2

Age limit

18 years alone

10 years with parents

Included

All equipment needed to carry out the trips.

Eagle safari and island hopping by bike include lunch.

Other requirements / restrictions

Must be able to swim on kayak tours.

When island hopping, one must have the physical capacity to cycle for 2 hours.

Distance from town

25,4 km by boat

ABOUT

Explore unforgettable adventures along the stunning Helgeland coast – both on land and at sea. We offer kayak and bike rentals in Herøy and Sandnessjøen, but it's our guided tours with local experts that truly make the difference.

Popular tours:

Midnight Sun Kayaking

Experience the magic of Arctic summer light! Glide silently across calm waters under the midnight sun as you explore Herøy's beautiful archipelago.

Eagle Safari by Kayak

Get close to Helgeland's majestic wildlife. Paddle between islands and skerries while searching for the sea eagle – the king of the coast. A thrilling and intimate encounter with nature.

Island Hopping by Bike

Discover hidden gems on two wheels. Our guided bike tours let you move easily between islands, experiencing coastal mountains (Dønnamannen, The Seven Sisters, Lovund) and charming local communities.

We're passionate about sharing the unique nature and culture of Helgeland. Whether you want a peaceful day outdoors or an active adventure, we tailor experiences for beginners and seasoned explorers alike.

Contact us for prices, customized tours, and more info. We look forward to meeting you!



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