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GRØNLIGROTTA CAVE

Seasonal Opening

June - August

Duration

45-60 minutes

Level

1

Age limit

Suitable for all ages

Included

Guide

Free parking

Other requirements / restrictions

The temperature inside the cave is 4–8°C, so it might be wise to bring a warm sweater.

Distance from town

24,2 km

ABOUT

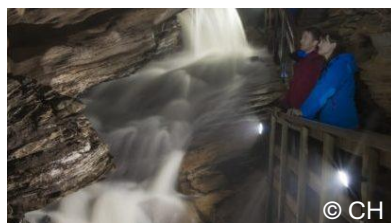
Grønligrotta, situated near the town of Mo i Rana, is an extraordinary natural attraction, an experience well-suited for the whole family. A guided tour highlights its features and gives you insight into the powerful forces that carved out the cave and shaped the rock formations inside.

Your guide will take you along a route that lets you have a closer look at the glacial potholes called “giant’s cauldrons”, stalactites and other beautiful limestone formations. The cave even has a stream and an underground waterfall! There is also an embedded granite rock, carried from miles away by a raging torrent of meltwater as the last ice age was ending.

There are several scheduled tours daily during the summer. There is no pre-booking. Just show up, buy a ticket and join the first available tour.

Near the cave is a café that offers coffee and refreshments, waffles and other snacks and light dishes.

Grønligrotta has long been one of the most visited caves in Scandinavia.



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