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GLACIER COURSE ON AUSTRE OKSTINDBREEN

Seasonal Opening

June - September

Capacity / number of guests

2 - 7

Duration

3 – 5 days

Level

Grade 3

Age limit

18

Included

Instructor

Other requirements / restrictions

You can stay at the DNT cabin Kjennsvasshytta or in a tent.

Distance from town

82,4 km

ABOUT

If you want to learn how to cross glaciers safely on your own, Mad Mountain Guides offers glacier courses for travel on both blue ice (exposed ice) and snow-covered glaciers on skis.

Many of Norway's highest peaks require glacier crossings, and this course gives you the basics for planning safe glacier trips with your group of friends.

Over three days, you'll learn how to use crampons and an ice axe, rope team techniques and rescue methods, how to read the glacier, and much more.

Experience the joy of moving safely through spectacular glacier landscapes and gain the skills and knowledge you need for future glacier adventures.



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